

#### NON-NARCOTIC SEDATIVE COUGH SYRUP

#### Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

· Keep this leaflet. You may need to read it again.

• If you have any further questions, ask your doctor,

This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.

• If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. See section 4.

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## 1. What ALGOMIEL® is and what it is used for

There are many situations in which cough does not serve any useful purpose and may annoy the patient or prevent rest and sleep. The use of an effective cough suppressant preparation is a necessity in these conditions. ALGOMIEL  $^{\circledR}$  is a distinctive antitussive preparation designed specially for this purpose.

#### Action:

1. Dextromethorphan hydrobromide: Acts centrally to relieve cough. It does not have addictive

properties.
2. Carbinoxamine maleate: An antihistamine, reduces secretion and helps relieve that distressing post-nasal discharge.

#### **Indications:**

In respiratory tract infections, bronchitis, bronchopneumonia, tracheitis, measles, whooping cough, chronic cough of smokers when directed by a physician, or other conditions where non-productive cough is undesirable.

It will also relieve watery eyes, sneezing and runny nose accompanying colds.

# 2. How to take ALGOMIEL $^{\circledR}$

Adults: One or two teaspoonfuls (5-10 ml) four times a day.

Children over 12 years: One teaspoonful (5 ml) four times a day.

Do not use in children under 12 years of age.

# 3. What you need to know before you take $ALGOMIEL^{\circledR}$

### Do not take ALGOMIEL®:

- if you have hypersensitivity to any of the components of this product.

- if you are being treated with a monoamine oxidase inhibitor (MAOI) or within 14 days of stopping such treatment.

if you have heart disease, high blood pressure, thyroid disease, diabetes, asthma, glaucoma, emphysema, chronic pulmonary disease, shortness of breath, difficulty in breathing, or difficulty in urination due to enlargement of prostate gland, unless directed by a doctor.

# Take special care with ALGOMIEL®:

Drowsiness is minimal with Carbinoxamine maleate but sensitive patients should not drive a car or attempt work requiring full alertness.

A persistent cough may be a sign of a serious condition.

## Pregnancy and nursing:

If you are pregnant or are a nursing mother, please consult with your physician prior to using this medication.

#### Drug interactions:

Please inform your physician of any medications you are taking, including those available without a prescription.

#### Dextromethorphan hydrobromide:

Dextromethorphan should not be taken with MAOIs or Serotonin reuptake inhibitors (like SSRIs, SNRIs, TCAs, etc.) due to the potential for serotonin syndrome, which is a potentially life-threatening condition that can occur rapidly, due to a buildup of an excessive amount of serotonin in the body.

Carbinoxamine maleate: Antihistamines may enhance the effects of tricyclic antidepressants, barbiturates, alcohol and other CNS depressants. MAO inhibitors prolong and intensify the anticholinergic effects of antihistamines. Sympathomimetic amines may reduce the antihypertensive effects of reserpine, veratrum alkaloids, methyldopa and mecamylamines. Effects of sympathomimetics are increased with MAO inhibitors and beta-adrenergic blockers.

#### 4. Possible side effects

Occasionally causes drowsiness, dizziness, excitation, tremor, difficulty sleeping, mental confusion, blurred vision, ringing in the ears and gastro-intestinal disturbance. May produce an undesirably high blood pressure with headache. vomiting and rarely palpitations. Rare but serious side effects include seizures.

# 5. How to store ALGOMIEL®

Keep this medicine out of the reach and sight of children.

Store in the original package.

Do not store above 30°C.

Do not use after the expiry date.

#### 6. Contents of the pack and other information The active ingredients are: Dextromethorphan hydrobromide and Carbinoxamine maleate.

Each teaspoonful (5ml) contains:

Dextromethorphan hydrobromide	5mg
Carbinoxamine maleate	2mg
Excipient q.s	5ml
In a soothing honey base.	

Other ingredients are: Propylene Glycol, glycerin, sorbitol, honey, sodium carboxymethyl cellulose, propyl paraben, methyl paraben, siliceaous earth, sodium citrate, citric acid, sucrose, menthol and

ALGOMIEL® syrup is supplied in bottles of 100

#### Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via:

# Algorithm SAL

Email: pharmacovigilance@algorithm-lb.com

Phone: +961-9-222 050 ext. 347

Fax: +961-9-222 604

Website: www.algorithm-lb.com

#### This is a medicament

- A medicament is a product which affects your health and its consumption contrary to instructions is dangerous for you.
- Follow strictly the doctor's prescription, the method of use and the instructions of the pharmacist who sold you the medicament.
- The doctor and the pharmacist are experts in medicines, its benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed.
- Do not repeat the same prescription without consulting your doctor.
- Keep all medicaments out of reach of children.

Council of Arab Health Ministers Union of Arab Pharmacists

Marketing Authorization Holder And Final Batch Releaser:

ALGORITHM S.A.L. Zouk Mosbeh, Lebanon

## Manufacturer

ALGORITHM S.A.L. Zouk Mosbeh, Lebanon ® Registered Trademark