

## Caplets, Sachets

# Relieves Cold Symptoms Composition:

Each Caplet contains:

Paracetamol 325 mg.
Pseudoephedrine HCI 30 mg.
Dextromethorphan HBr 15 mg.

Each Sachet contains:

Paracetamol 650 mg.
Pseudoephedrine HCI 60 mg.
Dextromethorphan HBr 30 mg.
in a sweet. flavoured base.

Properties:

ADOL Cold provides the proper symptomatic treatment in common cold and influenza.

Paracetamol produces analgesia by elevating the pain threshold centrally and antipyresis through an action on the hypothalamic heat-regulating center. Pseudoephedrine HCl is a decongestant which provides temporary relief of nasal congestion. Dextromethorphan HBr is a centrally acting cough suppressant which is effective in relieving the cough that may accompany the common cold due to throat irritation.

Caplets are easy to swallow because they are specially coated and shaped, and for those who do not like or are unable to swallow caplets, sachets can be used. The "hot therapy" provided by sachets also helps assuring rapid absorption and rapid and effective symptomatic relief.

Indications:

ADOL Cold is indicated to relieve nasal congestion, sore throat, coughing, aches, pain and fever due to common cold and influenza.

Dosage:

Adults and children over 12 years: Two caplets or one sachet

Two caplets or one sachet 3 to 4 times daily, not exceeding 8 caplets or 4 sachets in any 24 - hour period. One caplet 3 to 4 times daily, not exceeding 4 caplets in any 24 - hour period, for a maximum period of 5 days.

Chlidren 6 -12 years

ADOL Cold should not be given to children below 6 years of

For "hot therapy" sachets: Tear or cut open the sachet as indicated. Dissolve the contents of one sachet in 6 ounces (180 mL) cup of hot water. Sip while hot, If desired, sweeten to taste.

## Precautions:

Caution is recommended when **ADOL Cold** is given to patients having hypertension, heart disease, thyroid disease, diabetes mellitus, asthma, or difficulty in urination due to prostate gland enlargement.

As with other similar medicaments, **ADOL Cold** is better to be avoided during pregnancy and lactation unless otherwise recommended by the physician.

Massive overdosage of paracetamol (exceeding 10 g for adults and 150 mg/kg body weight for children) should be avoided to avoid the possibility of hepatotoxicity.

**ADOL Cold** should not be taken by patients receiving antihypertensive drugs or antidepressants unless otherwise prescribed by the physician.

## Side effects:

**ADOL Cold** is usually well tolerated. Some minor side effects might be encountered with higher doses, including skin rash or other allergic reactions, nervousness or sleeplessness.

### Presentation:

Caplets : Packs of 24 caplets. Sachets : Packs of 6 sachets.

#### THIS IS A MEDICAMENT

- Medicament is a product which affects your health, and its consumption contrary to instructions is dangerous for you.
- Follow strictly the doctor's prescription, the method of use and the instructions of the pharmacist who sold the medicament.
- The doctor and the pharmacist are experts in medicine, its benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed for you.
- Do not repeat the same prescription without consulting your doctor.

Keep all medicines out of the reach of children



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