



Complete from A to Zinc

Non-Medicinal Ingredients:

Acacia gum, ascorbyl palmitate, citric acid, corn starch, crospovidone, FD&C yellow No. 6, gelatin, glucose, hydrogenated soybean oil, hypromellose, lactose monohydrate, magnesium stearate, maltodextrin, methyl cellulose, microcrystalline cellulose, modified food starch, polysorbate 80, silicon dioxide, sodium ascorbate, sodium benzoate, sodium citrate, sorbic acid, stearic acid, sucrose, titanium dioxide, triacetin.

ADULT DOSAGE: 1 tablet every day.

Caution: Keep out of reach of children.

There is enough iron in this package to seriously harm a child.

Therapeutic use only

Store at room temperature (15-30° C).

Protect from moisture.

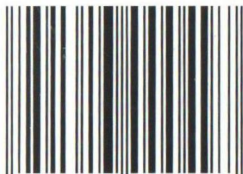
Manufacturer:

Wyeth Canada, Montreal, Canada

Product License Holder:

Wyeth Consumer Healthcare Inc.,
Mississauga, ON, Canada L4Z 3M6

Wyeth®



Each tablet contains:

VITAMINS	RDA% **
Total Retinol (Beta-Carotene - a source of Vitamin A)	4000 IU 80%
Vitamin E (as acetate)	14.9 IU 50%
Vitamin C (ascorbic acid)	60 mg 100%
Folic Acid	195 mcg 49%
Vitamin B1 (thiamine mononitrate)	1.4 mg 93%
Vitamin B2 (riboflavin)	1.6 mg 94%
Niacinamide	18 mg 90%
Vitamin B6 (pyridoxine hydrochloride)	2 mg 100%
Vitamin B12 (cyanocobalamin)	1 mcg 17%
Vitamin D3 (cholecalciferol)	200 IU 50%
Biotin	100 mcg 33%
Pantothenic Acid (calcium pantothenate)	6 mg 60%
Vitamin K1 (phytonadione)	30 mcg 38%
MINERALS	
Calcium (Ca phosphate dibasic dihydrate)	162 mg 16%
Iodine (potassium iodide)	100 mcg 67%
Iron (ferrous fumarate)	10 mg 56%
Magnesium (magnesium oxide)	50 mg 13%
Copper (cupric sulfate)	0.5 mg 25%
Manganese (manganese sulfate)	1 mg 50%
Phosphorus (Ca phosphate dibasic dihydrate)	125 mg 13%
Potassium (potassium chloride)	40 mg *
Chromium (chromic chloride)	40 mcg 33%
Molybdenum (sodium molybdate)	50 mcg 67%
Selenium (sodium selenate)	30 mcg 43%
Zinc (zinc oxide)	5 mg 33%
OTHER INGREDIENTS	
Lutein	250 mcg *

* No U.S. RDA established

** Recommended Daily Allowance

FloraGLO®
LUTEIN

PAA009537

Do not use if
closure foil is
damaged

سنترو مع لوتین
یرکزیته فیتامینات و املاح معدنیة متوازنه
تعليمات الاستعمال:
الناتجین: قرص واحد من سنترو مع لوتین کل یوم

Centrum[®]

BALANCED FORMULA[®]



COMPLETE MULTIVITAMIN / MULTIMINERAL FORMULA

with

LUTEIN

Complete from A to Zinc

Lutein

Helps maintain healthy eyesight.

Antioxidants (Vit. E, Se, Zn)

Protect against the damaging effects of free radicals.

Vitamin B Complex

Helps the metabolism & maintains the nervous system healthy.

Copper

Essential for the health of blood vessels and immune system.

Zinc

Necessary for the health of the reproductive and immune systems.

Vitamin C

Helps to support the immune system.

Iron

Essential for the transportation of oxygen in the blood cells.

Folic Acid

Important for cells growth and reproduction, especially of red blood cells.

30

Tablets

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