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# ISOTREX<sup>®</sup> GEL

## PATIENT INFORMATION LEAFLET

### ISOTRETINOIN.

Please read this leaflet before you start to use Isotrex Gel. If there is anything which you do not understand, or if you want more information or advice, ask your doctor or pharmacist.

#### What does Isotrex Gel contain?

Isotrex Gel contains isotretinoin 0.05%. Isotretinoin is similar to vitamin A. It affects skin cell growth and makes cells less likely to block the pores, preventing spots. It also contains hydroxypropylcellulose, butylated hydroxytoluene and ethanol.

Isotrex Gel is supplied in tubes each containing 30g by:

Stiefel Laboratories (UK) Ltd  
Holtspur Lane, Wooburn Green, High Wycombe  
Bucks HP10 0AU.

The product is manufactured by  
Stiefel Laboratories (Ireland) Ltd., Sligo, Ireland

#### What is Isotrex Gel used for and how does it work?

Isotrex Gel is used for treating acne. It helps to:

- make your skin less oily
- loosen blackheads and whiteheads so that they come out more easily
- stop new blackheads, whiteheads and spots from forming
- reduce the number of red inflamed acne spots

#### Before you use Isotrex Gel

Isotrex Gel may not be right for some people. If the answer to any of the following questions is YES, please check with your doctor or pharmacist before you start using the product.

- Are you allergic to any of the ingredients listed above in Isotrex Gel?
- Are you using any other acne treatment which your doctor does not know about?
- Are you pregnant, or trying to become pregnant?
- Are you breast feeding?
- Have you or any member of your close family suffered from cutaneous epithelioma (a rare skin condition)? If you are not sure, ask your doctor.

Keep Isotrex Gel away from your eyes, lips and from any irritated areas of your skin, for example if you have cuts, grazes, sunburn or eczema.

Make sure that Isotrex Gel does not build up in any folds in your skin or in the angles of your nose as it may collect and cause irritation in these sensitive areas.

While you are using Isotrex Gel you should protect the treated areas of your skin from the sun by covering it with light clothing or by using a high factor sunscreen (SPF15 or more).

Do not use sunlamps or sunbeds while you are using Isotrex Gel.

As with all medicines, you should keep Isotrex Gel out of the reach of children.

#### How to use Isotrex Gel

Isotrex Gel should be used once or twice a day. Your doctor will tell you which is best for you.

Apply Isotrex Gel to all the area of your skin which has acne, not just to individual spots. Apply a small amount of Gel with your fingertips. If it does not rub into your skin easily, you are using too much. Wash your hands after using the gel.

Once you have opened a tube of Isotrex Gel, you can use it for up to 2 months. You should then throw it away and use a new tube.

#### Other information about using Isotrex Gel

It can take about 6 to 8 weeks before you see the full effects of Isotrex Gel on your acne. This is quite normal for acne treatments.

If you use make up, remove it thoroughly before applying the gel. After the gel has dried, you can use non-greasy make up.

#### Unwanted effects

Isotrex Gel may cause slight stinging and make your skin feel warm, especially when it is first applied. You may also notice flaking and redness of your skin during the first few weeks of use. These effects are normal; if they bother you, try using the product less often for a while or stop for a few days, then start again.

If you suffer severe burning, peeling or itching, or other unwanted effects not mentioned in this leaflet, you should stop using Isotrex Gel and go back to your doctor for advice.

#### Storage conditions

Isotrex Gel should be stored at room temperature below 25°C.

A use by date (Exp...) is printed on the tube and the carton. Do not use the gel after this date.

#### Where to go for information

If you have any questions about Isotrex Gel or if you are unsure about any of the information in this leaflet, please ask your doctor or pharmacist.