

Package leaflet: information for the user

Melrosu<sup>®</sup>m Syrup S

sanofi aventis

Thyme liquid extract: 15 g/100 ml of syrup

For children aged over 1 year, adolescents and adults.

**Read all of this leaflet carefully because it contains important information for your treatment.**  
**Use Melrosu<sup>®</sup>m Syrup S as instructed to get the best results.**

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve after a few days.
- If any of the side effects become serious or if you notice side effects not listed in this leaflet, please tell your doctor or pharmacist.

**In this leaflet:**

1. What Melrosu<sup>®</sup>m Syrup S is and what it is used for
2. Before you take Melrosu<sup>®</sup>m Syrup S
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**1. WHAT MELROSUM SYRUP S IS AND WHAT IT IS USED FOR**

**Therapeutic indications**

Melrosu<sup>®</sup>m Syrup S is an herbal medicine used to treat inflammation of the airways with phlegm (mucus).  
Melrosu<sup>®</sup>m Syrup S is used for chest colds with thick phlegm (mucus) and to relieve the symptoms of acute bronchitis.

**2. BEFORE YOU TAKE MELROSUM SYRUP S**

**Contraindications**

**Do not take Melrosu<sup>®</sup>m Syrup S:**

- If you are allergic to thyme or other Labiates (mint family of plants) or to any of the other ingredients in Melrosu<sup>®</sup>m Syrup S.
- If you have fructose intolerance (a rare hereditary disorder), glucose-galactose malabsorption or sucrase-isomaltase deficiency (specific metabolic diseases).

**Precautions for use – Special warnings**

**Take special care when using Melrosu<sup>®</sup>m Syrup S:**

You must see a doctor without delay if your symptoms last for longer than one week or if you have fever or difficulty breathing, and also if you cough up phlegm containing pus or blood.  
10 ml of Melrosu<sup>®</sup>m Syrup S contain 0.6 BU (white bread units). This should be taken into account if you are on a special diabetes diet.

**Children:**

The use of Melrosu<sup>®</sup>m Syrup S in infants under 1 year of age has not been adequately studied. This syrup must therefore not be given to infants under 1 year old.

**Taking other medicines**

There are no known interactions with this medicine.  
Please inform your doctor or pharmacist if you are taking or have recently taken other medicines, including those obtained without a prescription.

**Pregnancy and breast-feeding**

Thyme is used widely as a medicine and in food and, up to now, no evidence of risk for pregnancy has been found. However, as the use of thyme in pregnancy and breast-feeding has not been adequately studied, Melrosu<sup>®</sup>m Syrup S is not recommended for pregnant and breast-feeding women.

**Driving and using machines**

No specific precautions are required.

**Important information about some of the ingredients of Melrosu<sup>®</sup>m Syrup S**

Melrosu<sup>®</sup>m Syrup S contains 4.9% ethanol.

**3. HOW TO TAKE MELROSUM SYRUP S**

**Dosage**

Always take Melrosu<sup>®</sup>m Syrup S exactly as instructed in this package leaflet.

Ask your doctor or pharmacist if you are unsure of anything.

The usual doses are indicated below unless your doctor prescribes a different dose:

Age (body weight)	Dose	Total daily dose
Young children 1 to 4 years of age (approx. 8 to 15 kg)	5 ml three times daily	15 ml
Children 5 to 12 years of age (approx. 19 to 43 kg)	7.5 ml three times daily	22.5 ml
Adolescents from 13 years of age and adults	10 ml three times daily	30 ml

**Method and route of administration**

Oral use. Shake the bottle well before each dose.

**Frequency of administration**

Doses should be spaced over the day as evenly as possible.

**Duration of treatment**

There is no specific duration of treatment but please take note of the information in section 2 and 4.

If you feel that the effect of Melrosu<sup>®</sup>m Syrup S is too strong or too weak, please talk to your doctor or pharmacist.

**If you take more Melrosu<sup>®</sup>m Syrup S than you should**

There are no known signs of poisoning following accidental overdose with thyme or thyme extracts.

**If you forget to take Melrosu<sup>®</sup>m Syrup S**

If you forget to take a dose of Melrosu<sup>®</sup>m Syrup S, take it as soon as possible and then continue your treatment as normal.

If you have any further questions about using the medicine, please ask your doctor or pharmacist.

**4. POSSIBLE SIDE EFFECTS**

Like all medicines, Melrosu<sup>®</sup>m Syrup S may cause side effects although not all patients have them. The frequency of side effects is classified as follows:

<b>Very common</b>	more than 1 in 10 patients
<b>Common</b>	1 to 10 patients in 100
<b>Uncommon</b>	1 to 10 patients in 1 000
<b>Rare</b>	1 to 10 patients in 10 000
<b>Very rare</b>	less than 1 patients in 30 000
<b>Unknown</b>	cannot be estimated based on available data

**Significant side effects or signs you should be aware of and measures to be taken:**

If you develop any of the following side effects, stop taking Melrosu<sup>®</sup>m Syrup S and consult your doctor as soon as possible.  
Very rarely allergic reactions such as difficulty breathing, rashes, hives or swelling of the face, mouth and/or throat may occur.  
Please inform your doctor or pharmacist if any of the side effects becomes serious or if you notice any side effects not mentioned in this leaflet.

**5. HOW TO STORE MELROSUM SYRUP S**

Keep out of the reach of children.

Do not use this medicine after the expiry date indicated on the label and on the box. The expiry date refers to the last day of the month indicated.

**Storage conditions:**

Do not store above 25°C.

**Shelf life after opening:**

Melrosu<sup>®</sup>m Syrup S can be stored for 6 months at 25°C after opening the bottle.

After this period of time, you should not use this medicine.

**6. FURTHER INFORMATION**

**What Melrosu<sup>®</sup>m Syrup S contains**

**The active ingredient is:** Thyme liquid extract

100 ml of syrup (equivalent to 126.3 g) contains: 15.0 g of thyme liquid extract (1:2-2.5)

Extraction agent: 10% ammonia solution (m/m), 85% glycerol, 90% ethanol (v/v), and water (1:20:70:109).

**The other ingredients are:** Sucrose solution, glucose syrup, invert sugar syrup, honey flavor concentrate, rose oil, cherry juice concentrate, sodium benzoate, purified water.

**What Melrosu<sup>®</sup>m Syrup S looks like and contents of the pack**

Bottle containing 100 ml (126.3 g) of syrup.

**General information:**

As this syrup contains an herbal extract, its colour and taste may vary slightly. These differences have no effect on the treatment's effectiveness or quality.

**Manufacturer:**

A. Nattermann & Cie GmbH, Nattermannallee 1  
D 50829 Köln, Germany  
For sanofi-aventis

**This package leaflet was last revised in: June 2009**

**THIS MEDICAMENT**

Is a product, which affects your health, and its consumption contrary to instructions is dangerous for you.

Follow strictly the doctor's prescription, the method of use and the instructions of the pharmacist who sold the medicament.

- The doctor and the pharmacist are the experts in medicines, their benefits and risks.

- Do not by yourself interrupt the period of treatment prescribed.

- Do not repeat the same prescription without consulting your doctor.

- Keep all medicaments out of reach of children.

Council of Arab Health Ministers,  
Union of Arab Pharmacists.