

Podertonic children

under



Choline ferricitrate

Drinkable sachets

ORAL ADMINISTRATION

COMPOSITION PER EACH SACHET OF 5 ml:

Choline ferricitrate 500 mg
(Equivalent to 56,3 mg of elemental iron)

Excipients: Saccharin sodium, saccharose, disodium edetate, sodium nipagin (E-218), sodium nipasol (E-216), raspberry essence, purified water.

INDICATIONS:

Prophylaxis and treatment of iron-deficiency anaemia.

DOSAGE:

One 5 ml sachet 1-2 times daily according to facultative criteria.

WARNING:

Iron absorption is higher when it is administered with empty stomach, however it may increase the incidence of the gastrointestinal disturbances.

Special care must be taken in states of gastrointestinal inflammation: enteritis, peptic ulcer, colitis ulcerative.

When blood transfusions are frequent, the administration of iron salts may produce iron excess.

The colour shade change of the sachet content along time is normal due its composition.

ADVERSE EFFECTS:

Occasionally, gastrointestinal disorders: epigastric pain, pyrosis, nausea, intestinal colics, constipation. These effects may be reduced if administered concomitantly with food or with a gradual increment of the dose.

Faeces present black pigmentation.

CONTRAINDICATIONS:

- Hemochromatosis or hemosiderosis (Iron excess)
- No ferropenic anaemia.

INTERACTIONS:

Possible mutual decrease of oral absorption after concomitant administration of tetracycline or penicill-amine with ferrous salts.

Ferrous oral salts may decrease the absorption of quinolones (Ciprofloxacin, etc.) and Levodopa.

Antacids agents may decrease oral absorption of ferrous salts.

In any case keep a minimum of two hours difference before administration.

INTOXICATION AND TREATMENT:

Iron intoxication is very rare in adults but not in children. If symptoms appear, a quick elimination of iron should be carried out and surveillance measures must be taken. In the event of overdosage or accidental ingestion, consult the Poison Centre.

PRESENTATION:

Podertonic Children, packages with 20 drinkable sachets of 5 ml.

Podertonic Adults, packages with 20 drinkable sachets of 10 ml.

DRUGS SHOULD BE KEPT OUT OF CHILDREN'S REACH
UNDER PRESCRIPTION

inkeysa, s.a

Juan XXIII, 15-19

08950 Esplugues de Llobregat (Barcelona) SPAIN

Podertonic adults



Choline ferricitrate
Drinkable sachets
ORAL ADMINISTRATION



COMPOSITION PER EACH SACHET OF 10 ml:

Choline ferricitrate 1000 mg
(Equivalent to 112,6 mg of elemental iron)

Excipients: Saccharin sodium, saccharose, disodium edetate, sodium nipagin (E-218), sodium nipasol (E-216), raspberry essence, purified water.

INDICATIONS:

Prophylaxis and treatment of iron-deficiency anaemia.

DOSAGE:

One 10 ml sachet 1-2 times daily according to facultative criteria.

WARNING:

Iron absorption is higher when it is administered with empty stomach, however it may increase the incidence of the gastrointestinal disturbances.

Special care must be taken in states of gastrointestinal inflammation: enteritis, peptic ulcer, colitis ulcerative.

When blood transfusions are frequent, the administration of iron salts may produce iron excess.

The colour shade change of the sachet content along time is normal due its composition.

ADVERSE EFFECTS:

Occasionally, gastrointestinal disorders: epigastric pain, pyrosis, nausea, intestinal colics, constipation. These effects may be reduced if administered concomitantly with food or with a gradual increment of the dose.

Faeces present black pigmentation.

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Podertonic Children, packages with 20 drinkable sachets of 5 ml.

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