

**What are Patanol eye drops and when are they used?**

Patanol is used to treat the symptoms of seasonal allergic conjunctivitis of the eye.  
**Allergic conjunctivitis:** the surface of your eye is constantly exposed to contact with substances from the surrounding environment. Contact with substances (allergens) such as pollen, house dust or animal hair can cause allergic reactions on the surface of your eye such as itching, redness and swelling.

Patanol is a medicine used to treat allergic symptoms affecting the eye. Patanol reduces the severity of allergic reactions. Patanol eye drops may only be used if they have been prescribed by a doctor.

**What else should I be aware of?**

This medicine has been prescribed for you personally and you must not pass it on to others. It may harm them, even if their symptoms are the same as yours.

**When should Patanol eye drops not be used?**

If you are allergic to olopatadine or any of the other ingredients of Patanol.

Ask your doctor for advice.

Patanol should not be used in children under 3 years of age.

**When is caution advised when using Patanol eye drops?**

If you wear contact lenses: Remove your contact lenses before applying the eye drops. Wait 15 minutes after applying the eye drops before reinserting your contact lenses. A preservative contained in Patanol (benzalkonium chloride) may cause eye irritation and discolour soft contact lenses.

Inform your doctor or pharmacist if you:

- suffer from any other diseases
- have any allergies or
- are taking other medicines (including non-prescription medicines) or using other medicines on your eye(s)

**Driving and using machines**

Your vision may be blurred shortly after using Patanol. You should therefore not drive or use machines until your vision clears.

**Can Patanol eye drops be used by women who are pregnant or breast-feeding?**

If you are pregnant or wish to become pregnant, talk to your doctor before using Patanol.

Do not use Patanol if you are breast-feeding, as it can pass into the milk.

**How to use Patanol eye drops**

**Usual dosage**

Adults: 1 drop twice daily (morning and evening) into the affected eye(s).

Follow this recommendation unless your doctor has prescribed a different dosage. Only use Patanol in both eyes if your doctor has instructed you to do so. Use Patanol for as long as your doctor has prescribed.

Patanol eye drops are for use in your eyes only.

The use and safety of Patanol eye drops in children aged below 3 years have not yet been studied.

**HOW TO APPLY PATANOL**



1 2

- Pick up the Patanol bottle and a mirror.
- Wash your hands.
- Unscrew the cap.
- Hold the bottle between your thumb and middle finger with the tip facing downwards.
- Lean your head back. Pull your eyelid downwards with a clean finger until there is a gap between your eyelid and your eye. This is where the drop should be applied (Figure 1).
- Bring the dropper tip close to your eye before applying the drop. Use a mirror if this makes applying the drop easier.
- Do not allow the dropper tip to come into contact with your eye, eyelid, the area surrounding your eye, or other surfaces, as this may allow germs to enter the drops. Gently press the bottom of the bottle to release a drop of Patanol.
- You do not need to press hard: the bottle is designed so that a gentle press on the bottom of the bottle is enough (Figure 2).
- If you are using the drops in both eyes, repeat the above steps for your other eye.
- Close the bottle tightly immediately after use.

After first opening the bottle, remove the loosened plastic ring before use.

If too much gets into your eye, rinse your eye with lukewarm water. Do not use any more drops until your next scheduled dose.

If you forget to use Patanol eye drops: apply a drop as soon as you realise you have forgotten to use Patanol and then continue your treatment as scheduled. Do not take a double dose to make up for a forgotten dose.

If you are also using other eye drops, leave 5 to 10 minutes between the use of Patanol eye drops and other eye drops.

Do not change the prescribed dosage yourself.

If you think the effect of your medicine is too weak or too strong, talk to your doctor or pharmacist.

**What side effects can Patanol eye drops have?**

Some patients that use Patanol eye drops experience side effects. While these may be unpleasant, most quickly disappear.

Unless you experience a severe reaction, you can normally continue treatment. If you have any concerns, please contact your doctor or pharmacist.

**Uncommon side effects:**

*These may affect up to 1 in 100 people*

**Effects on the eyes:** corneal inflammation, dry eye, eye pain, eyelid swelling, eye discharge, foreign body sensation, red eyes, eyelid abnormalities, eyelid redness, swelling or crusting.  
**Effects on the body:** headache, bad taste, tiredness, nasal dryness, skin inflammation, redness and itching.

**Rare side effects:**

*These may affect up to 1 in 1000 people*

**Effects on the eyes:** blurred vision.

**Effects on the body:** dizziness, dry mouth, allergic contact dermatitis.

The following side effects were also reported:

**Effects on the eyes:** increased tear secretion.

Inform your doctor or pharmacist if you notice any side effects not mentioned in this leaflet.

**Further information**

To prevent contamination of the dropper tip and the eye drops, it is important not to touch your eyelids and the area surrounding your eyes or other surfaces with the bottle's dropper tip. The dropper tip should also not come into contact with your hands.

Close the bottle tightly immediately after use.

**Shelf life:**

Do not use after the expiry date (= EXP) printed on the pack.

The eye drops should be thrown away four weeks after first opening a bottle to avoid eye infections. Note down the opening date on the free area on the label and folding box.

**Storage:**

Do not store above 30 °C and keep out of the reach of children.

Once your treatment has finished, return the medicine to the person who supplied it (your doctor or pharmacist) so that it can be disposed of appropriately.

Your doctor or pharmacist will be able to give you more information. They have access to the detailed prescribing information.

**What do Patanol eye drops contain?**

Each ml of PATANOL Sterile Ophthalmic Solution 0.1% contain 1.11 mg olopatadine hydrochloride equivalent to 1 mg olopatadine per ml as their active substance.

Patanol contains benzalkonium chloride 0.01% as a preservative and inactive: dibasic sodium phosphate; sodium chloride; hydrochloric acid/sodium hydroxide (adjust pH); and purified water.

**Where can I obtain Patanol eye drops? Which pack sizes are available?**

Patanol eye drops may only be obtained in a pharmacy, with a doctor's prescription.

5 ml packs are available.

**Manufactured by**

Alcon Research Ltd., 6201 South Freeway, Fort Worth, TX 76134 United States of America  
 Novartis Pharma AG Basle, Switzerland.

**This package leaflet was last reviewed in February 2016.**

**This is a medication**

- A medication is a product, which affects your health, and its consumption contrary to instructions is dangerous for you.
- Follow strictly the doctor's prescription, the method of use and the instructions of the pharmacist who sold the medication.
- The doctor and the pharmacist are experts in medicine, its benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed for you.
- Do not repeat the same prescription without consulting your doctor.

Keep medications out of reach of children