For the use only of a R

CRIXAN®

(Clarithromycin Tablets USP) &

(Clarithromycin for Oral Suspension)

CRIXAN TABLETS 250 mg

Clarithromycin HSP CRIXAN TABLETS 500 mg

Each film-coated tablet co CRIXAN SUSPENSION 125mg/5ml

When constituted as directed. each 5 ml of the constituted suspension contains:

CRIXAN SUSPENSION 250mg/5ml When constituted as directed each 5 ml of the constituted suspension co

250 mg DESCRIPTION

Clarithromycin is a semi-synthetic macrolide antibiotic. It is chemically designated as 6-0-methylerythromycin. The molecular formula for clarithromycin is C₈₄H₈₆NO₁₃, and its molecular weight is 747 96

125 mg

CI ARITHROMYCIN

PHARMACOL DGY123

Mechanism of actio

Structural formula Clarithromycin exerts its antibacterial action by binding to the 50S ribosomal sub-unit of susceptible bacteria and inhibits protein synthesis. The 14-hydroxy metabolite of omycin also has antimicrobial activity.

Antimicrobial Activity

Clarithromycin is active in vitro against a variety of aerobic and anaerobic gram-pos gram-negative microorganisms as well as most Mycobacterium avium complex (MAC) microorganisms. Additionally, the 14-OH clarithromycin metabolite also has clinically significant antimicrobial activity. The 14-OH clarithromyclin is twice as active against Haernophilus influenzae microorganisms as the parent compound.

reaerizeptus inspectuse introtrogalisms as are perior, compounds in Clarithromycin has been shown to be active against most strain of the following interconganisms both in witro and in clinical infections.

Aerobic Gram-positive Microorganisms: Staphylococcus aureus, Streptococcus preumoniae, Streptococcus progenes.

preumonnes, suspicoccas pyrugeiess.

Aerobic Gram-negative Microorganisms: Haemophilus Influenzae, Moraxella catarri.

Other Microorganisms: Mycoplasma pneumoniae, Chlamydia pneumoniae (TWAS).

Mycobacteria: Mycobacterium avium complex (MAC) consisting of: Mycobacterium avium complex (MAC).

Mycobacterium intracellulare

lamase production should have no effect on clarithromycin activity.

Note: Most strains of methicillin-resistant and oxacillin-resistant staphylococci are resistant

to clarithromycin. Helicobacter: Helicobacter pylori.

The following in vitro data are available, but their clinical significance is unknown. Clarithromych exhibits in vitro ectivity against most strains of the following microorganisms; however, the safety and effectiveness of clarithromych in treating clicical infections due to these microorganisms have not been established in adequate and well-controlled clinical

Aerobic Gram-positive Microorganisms: Streptococcus agalactiae, Streptococci (Groups

C, F, G), Viridans group streptococci. Aerobic Gram-negative Microorganisms; Bordetella pertussis, Legionella pneumophila,

Anaerobic Gram-positive Microorganisms: Clostridium perfringens, Peptococcus niger,

Anaerobic Gram-negative Microorganisms: Prevotella melaninogenica (formerly

rithromycin is rapidly absorbed from the gastrointestinal tract after oral administration When 250-mg doses of clarithromycin suspension were administered to fasting healthy adult subjects, peak plasma concentrations were attained around 3 hours after dosing. Steady-state peak plasma concentrations were attained in 2 to 3 days and were approximately 2 µg/mL for clarithromycin and 0.7 µg/mL for 14-OH clarithromycin when 250-mg doses of the clarithromycin suspension were administered every 12 hours. Food does slightly delay the onset of absorption of clarithromycin and formation of the 14-hydroxymetabolite.

In nonfasting hatthy human subjects (males and females), peak plasma concentrations are attained within 2 to 3 hours after oral dosing. Steady-state, peak plasma carrithromycin concentrations are attained within 3, days and are approximately 1 to 2 μ g/mL with a 250mg dose administered every 12 hours and 3 to 4 µg/mL with a 500-mg dose administered

Results of *in vitro* studies show that the protein binding of clarithromycin in human plasma averages about 70 % at concentrations of 0.45 - 4.5 g/mL. A decrease in binding to 41% at 45.0_g/mL suggests that the binding sites might become saturated, but this only occurs at concentrations far in excess of therapeutic drug leve

Clarithromycin levels in all tissues, except the central nervous system, are several times higher than the circulating drug levels. The highest concentrations are found in the liver and

ere the tissue to plasma ratios reached 10 to 20. Elimination half-lives of the parent drug and metabolite are approximately 5.3 and 7.7 hours respectively. The apparent half-lives of both clarithromycin and its hydroxylated metabolite

tend to be longer at higher doses. Urinary excretion accounted for appromately 40% of the clarithromycin dose. Faecal

elimination accounts for approximately 30%

Pharmacokinetics in special populations Geriatric: In a steady-state study in which healthy eliderly subjects (age 65 to 81 years old) were given 500 mg every 12 hours, the maximum serum concentrations and area under the curves of clarithromycin and 14-0H clarithromycin were increased compared to those achieved in healthy young adults. These changes in pharmacokinetics parallel known agerelated decreases in renal function

reace occrases in rena inuncion. Pracelatin: In children requiring ambitotic therapy, administration of 7.5 mg/kg q12h doses of clarifromycin as the suspension generally resulted in steady-state peak plasma concentrations of 3 to 7 μ g/ml. for clarifromycin and 1 to 2μ g/ml. for 14-OH clarifromycin. Clariffromycin preteates into the middle ear fluid of children with secretory othis meda. Control only on the process and the institute of the process and the proce

impaired renal function.

Hepatic Impairment: The steady-state concentrations of clarithromycia in subjects with impaired hepatic function do not differ from those in normal subjects; however, the 14-DH clarithromycin concentrations are lower in the hepatically impaired subjects. The decreased formation of 14-OH clarithromycin is at least partially offset by an increase in renal clearance promycle in the subjects with impaired hepatic function when compared to healthy hepatic impairment, decreased dosage or prolonged dosing intervals may be appropriate. Clarithromycin in combination with ranitidine bismuth citrate therapy is not recommended in

patients with creatinine clearance less than 25 ml/min.

Clarithromycin in combination with rantitidine bismuth citrate should not be used in patients a history of acute porphyria.

Warnings

Pseudomembranous colitis has been reported with nearly all antibacterial agents, including clarithromycin, and may range in severity from mild to life threatening. Therefore, it is important to consider this diagnosis in patients who present with diarrhea subsequent to the administration of antibacterial agents. Treatment with antibacterial agents alters the normal flora of the colon and may permit overgrowth of clostridia. Studies indicate that a toxin produced by Clostridium difficile is a primary cause of "antibiotic-associated colitis". After the diagnosis of pseudomembranous colitis has been established, therapeutic measures should be initiated. Mild cases of pseudomembranous colitis usually respond to discontinuation of the drug alone. In moderate to severe cases, consideration should be given to management with fluids and electrolytes, protein supplementation, and treatment with an antibacterial drug clinically effective against Clostridium difficile colitis

Contraindications

CRIXAN (clarithromycin) is contraindicated in patients with a known hypersensitivity to clarithromycin, erythromycin, or any of the macrolide antibiotics.

Concomitant administration of clarithromycin with cisapride, pimozide, or terfenadine is

contraindicated

Pregnancy Pregnancy Cappancy
 Pregnancy Cappancy Cappancy
 Charthomyon should be used during pregnancy only if the potential benefit justifies the potential tenter future to the fact to the fetus. If pregnancy occurs while taking this drug, the patient should be apprised of the potential hazard to the fetus. Clarithomyon has demonstrated adverse effects of pregnacy outcome and/or embryo-fetal development in monkeys, rats, mice, and rabbits at doses that produced plasma levels 2 to 17 times the serum levels achieved in humans teated at the maximum recommended human doses

Lactation

It is not known whether clarithromycin is excreted in human milk. Because many drugs are excreted in human milk, caution should be exercised when clarithromycin is administered to rsing woman. It is known that clarithromycin is excreted in the milk of lactating animals and that other drugs of this class are excreted in human milk. Preveamed rats, exposed indirethy via consumption of milk from dams treated with 150 mg/kg/day for 3 weeks, were not adversely affected, despite data indicating higher drug levels in milk than in plasma.

Safety and effectiveness of clarithromycin in paediatric patients under 6 months of age have not been established. The safety of clarithromycin has not been studied in MAC patients under the age of 20 months

Geriatrics

In clinical trials, elderly patients did not have an increased incidence of adverse events when compared to younger patients (see also Pharmacokinetics in Special Populations).

Carcinogenicity/Mutagenicity/Impairment of Fertility

Long-term studies in animals have not been performed to evaluate the carcinogenic potential

or cyarronnyor. The following in vitro multagenicity tests have been conducted with clarithromycin; Salmonella TABiammalian Microsomes Test, Biciterial Induced Mutation Frequency Test, In Vitro Chromosome Aberration Test, Rat Hepatocyte DNA Synthesis Assay, Mouse Lymphoma Assay, Mouse Dominant Lethal Study, Mouse Micronacleus Test, All tests had negative results.

Assay, Mouse Dominant Lethal Study, Mouse Micronucleus Test, All lets to ad negative results except the in vivo Chromosome aberration test, which was weakly positive in one test and negative in another. In addition, a bacterial reverse-mutation test (Ames Test) has been performed on clarithromyclin metabolites with negative results.

Fertility and reproduction studies have shown that daily doses of up to 160 mg/kg/day (1.3 times the recommended maximum bruman dose based on mg/m³) to male and female rats caused no adverse effects on the actors cycle, fertility, partition, or murber and viability of offspring. Plasma levels in rats after 150 mg/kg/day were 2 times the human serum

Drug Interactions

Clarithromycin use in patients who are receiving theophylline may be associated with an increase of serum theophylline concentrations. Monitoring of serum theophylline ntrations should be considered for patients receiving high doses of theophylline or with baseline concentrations in the upper therapeutic range. In two studies in which theophylline cossents content autors in the opper interspector length; in two southers with chirptomycal was administrated with chirptomycal, of the opplying sustained-release formulation was observed at either 6.5 mg/kg or 12 mg/kg together with 250 or 500 mg 12th clarifroncycli), the standy-state levels of cm_m, cm_m, and the area under the serum concentration time curve (AUC) of theophylline increased about 20%.

Concomitant administration of single doese of clarifroncyclin and carbamazepine has been

shown to result in increased plasma concentrations of carbamazepine. Blood level mon of carbamazepine may be considered.

When clarithromycin and terfenadine were coadministered, plasma concentrations of the active acid metabolite of terfenadine were threefold higher, on average, than the values observed when terfenadine was administered alone. The pharmacokinetics of clarithromycin and the 14-hydroxy-clarithromycin were not significantly effected by coadministration of terfenadine once clarithromycin reached steady-state conditions. Concomitant administration of clarithromycin with terfenadine is contraindicated. (see V "Ct" Contraindications.)

clarithromyon with eteroparanies is communicated, (see 1°-CL Communications). Clarithromyon in SOI on geety? Brouse was alyven in combination with onespreade 40 mg daily to healthy adult subjects. The steady-state plasma concentrations of onespreade 40 mg daily to healthy adult subjects. The steady-state plasma concentrations of onespreade 40 mg daily to healthy adult subjects. The steady-state plasma concentrations of onespreade 40 mg daily adult of the steady of the stead Co-administration of clarithromycin with ranitidine bismuth citrate resulted in increased plasma ranitidine concentrations (57%), increased plasma bismuth trough concentrations (48%), and increased 14-hydroxy-clarithromycin plasma concentrations (31%). These effects are clinically insignificant.

Simultaneous gral administration of clarithromycin and zidovudine to HIV-infected adult patients resulted in decreased steady-state zidovudine concentrations. When 500 mg of clarithromycin were administered twice daily, steady-state zidovudine AUC was reduced by a mean of 12%. Individual values ranged from a decrease of 34% to an increase of 14%. When clarithromycin was administered two to four hours prior to oral zidovudine, the steady-state zidovudine C_{\max} was increased by approximately 2-fold, whereas the AUC was unaffected. Simultaneous administration of clarithromycin and didanosine to HIV-infected adult patients.

resulted in no statistically significant change in didanosine pharmacokinetics.

Concomitant administration of fluconazole 200 mg daily and clarithromycin 500 mg twice

communities administration to increases in the mean steady-state claribromycin. C_{min} and Authority and Set my definition of the claribromycin c_{min} and AUC of 33% and 18%, respectively. Steady-state concentrations of 14-OH claribromycin, were not significantly affected by concomitant administration of fluconazole.

Concomitant administration of clarithromycin and ritonavir resulted in a 77% increase in clarithromycin AUC and a 100% decrease in the AUC of 14-OH clarithromycin. Clarithromycin may be administered without dosage adjustment to patients with normal renal function taking and the automatical water of patients with renal impairment, the following dosage adjustments should be considered. For patients with CL_{CR} 30 to 60 mg/mln, the dose of clarithromycin should be reduced by 50%. For patients with CL_{CR} < 30 ml/mln, the dose of clarithromycin should be reduced by 50%. For patients with CL_{CR} < 30 ml/mln, the dose of clarithromycin should be decreased by 75%.

Spontaneous reports in the post-marketing period suggest that concomitant adminis

of clarithromycin, and oral anticoagulants may potentiate the effects of the oral anticoagulants. Prothrombin times should be carefully monitored while patients are receiving clarithromycin.

Elevated digodin serum concentrations in patients receiving clarithromycin and digodin concomitantly bave also been reported in post-marketing surveillance. Some patients have shown clinical signs consistent with digodin floatily, including potentially fatal arrhythmias. Serum digodin levels should be carefully monitored while patients are receiving digodin and clarithromycin simultaneously

The following drug interactions, other than increased serum concentrations of carbamazepii

subjects

INDICATIONS1,2

CRIXAN (clarithromycin) is indicated for treatment of following infections caused by susceptible organisms:

Lower respiratory tract infections for example, acute and chronic bronchitis, acute bacterial exacerbation of chronic bronchitis and pneumonia.

Upper respiratory tract infections for example, sinusitis and pharyngitis.

Acute otitis media in children

Disseminated mycobacterial infections due to Mycobacterium avium, or Mycobacterium intracellulare

Mote: Clarithromycin is appropriate for initial therapy in community acquired respiratory infections and has been shown to be active in vitro against common and atypical respiratory

pathogens (see Antimicrobial Activity).

CRIXAN is indicated in skin and soft tissue infections of mild to moderate severity.

CRIXAN in the presence of acid suppression effected by omegrazole or (ansoprazole is

CRIXAN in the presence of acid suppression effected by omeprazole or lansoprazole indicated for the eradication of *H. pylori* in patients with duodenal ulcers.

CRIXAN is also indicated for the prevention of disseminated Mycobacterium avium complex (MAC) disease in patients with advanced HIV infection.

DOSAGE AND ADMINISTRATION^{1,2}

CRIXAN may be given with or without food.

Patients with respiratory tract/skin and soft tissue infections
Adults and children over the age of 12 years: The usual dose is 250 mg twice daily for 7

Adults and children over the age of 12 years: the tisual dose is 250 mg twice daily for 1 days although this may be increased to 500mg twice daily for up to 14 days in severe infections.

Children below 12 years: The usual recommended daily dosage is 15 mg/kg/day divided q12h for 10 days, Doses up to 500mg twice a day have been used in the treatment of swere intections. The usual duration of treatment is for 5 to 10 days depending on the pathogen involved and the severity of the condition.

I		Paediatric Dosage Guidelines Based on Body Weight			
ſ	Weight (kg)	Dose (q12h)	Dosing Calculated on 7.5 mg/kg q12h		
1			CRIXAN 125 mg/5ml	CRIXAN 250 mg/5 ml	
1	9	62.5 mg	2.5 mL q12h	1.25 mL q12h	
1	17	125 mg	5 mL q12h	2.5 mL q12h	
h	25	187.5 mg	7.5 mL q12h	3.75 mL q12h	
1	33	250 mg	10 mL q12h	5 mL q12h	

H. pylori Eradication to Reduce the Risk of Duodenal Ulcer Recurrence

Triple therapy: clarithromycin/lansoprazole/amoxicillin

The recommended adult dose is 500 mg clarithromycin, 30 mg lansoprazole, and 1 gram amoxicillin, all given twice daily (q12h) for 10 or 14 days.

Triple therapy: clarithromycin/omeprazole/amoxicillin

The recommended adult dose is 500 mg clarithromycin, 20 mg omeprazole, and 1 gram amodicillin, all given twice daily (q12h) for 10 days. In patients with an ulcer present at the time of initiation of therapy, an additional 18 days of omeprazole 20 mg once daily is recommended for ulcer healing and symptom relief.

Triple Therapy: clarithromycin/lansoprazole/metronidazole

The recommended adult dose is 500mg clarithromycin, lansoprazole 30mg and metronidazole

400mg all given twice daily (q12h) for 7 days.

Dual therapy: clarithromycin/omeprazole
The recommended adult dose is 500 mg clarithromycin given three times daily (q8h) and 40
mg omeprazole given once daily (qAM) for 14 days. An additional 14 days of omeprazole 20
mg once daily is recommended for utcer healing and symptom relief.

Dual therapy: clarithromycin franitidine bismuth citrate

The recommended adult dose is 500 mg clarithromycin given twice daily (q12h) or three times daily (q8h) and 400 mg rantidine bismuth citrate given twice daily (q12h) for 14 days. An additional 14 days of 400 mg twice daily is recommended for tuber healing and symptom reliel. Clarithromycin and rantidine bismuth citrate combination therapy is not recommended in patients with creatine clearance less than 25 mL/state combination therapy is not recommended in patients with creatinize clearance less than 25 mL/state.

Dosage adjustments:

Carithromycin may be administered without dosage adjustment in the presence of heptilic impairment if there is normal renal function. However, in the presence of severe renal impairment (CR_Q < 30 mL/min), with or without coexisting hepatic impairment, the dose should be halved or the dosing interval doubled.

Mycobacterial infections:

Prophylaxis: The recommended dose of clarifitromycin for the prevention of disseminated Mycobacterium awim disease is 500 mg b.d.f. in bildners, the recommended dose is 7.5 mg/kg b.f.d. up to 500 mg b.f.d. ho studies of clarifitromycin for MAC prophylaxis have been per formed in peadartic populations and the dose recommended for prophylaxis are derived from MAC treatment studies in children. Dosing recommendations for children are in the table above.

Treatment: Clarithromycin is recommended as the primary agent for the treatment of disseminated infection due to Myochacterium avient complex. Clarithromycin should be used in combination with other antimycobacterial drugs that have shown in vitre activity against MAP or Circliacia benefit in MPC treatment. The recommended dose for myochacterial intections in adults is 500 mg b.i.d. in children, the recommended dose is 7.5 mg/kg b.i.d. up to 500 mg b.i.d. sometiment of the commendation of the com

Clarithromycin therapy should continue for life if clinical and mycobacterial improvements are observed.

PRECAUTIONS1.2

- beneral

Clarithromycin is principally excreted via the liver and kidney. Clarithromycin may be

clarithromycin; however, they have been observed with erythromycin products and/or with clarithromycin in post-marketing experience:

Concurrent use of erythromycin or clarithromycin and ergotamine or dihydroergotamine has been associated in some patients with acute ergot toxicity characterized by severe peripheral vasospasm and dysesthesia.

Erythromycin has been reported to decrease the clearance of triazolam and, thus, may increase the pharmacologic effect of triazolam. There have been post-marketing reports of drug interactions and CNS effects (e.g., somnolence and confusion) with the concomitant use of clarithromycin and triazolam.

There have been reports of an interaction between erythromycin and astemizole resulting in Of prolongation and torsades de pointes. Concomitant administration of erythromycin and astemizole is contraindicated. Because clarithromycin is also metabolized by cytochrome P450, concomitant administration of clarithromycin with astemizole is not recommended.

As with other macrolides, clarithromycin has been reported to increase concentrations of HMG-GoA reductase inhibitors (e.g., lovastalin and sinvastatin), through inhibition of cytochrome P450 metabolism of these drugs. Rare reports of rhabdomyolysis have been reported in patients taking these drugs concomitantly.

The use of arythromycin and clarithromycin in patients concurrently taking drugs metabolized by the cytochrome P455 system may be a associated with elevations in serum levels of these other drugs. There have been reports of interactions of erythromycin and/or clarithromycin with carbamazepine, cytolosporine, tacrolimus, hacobarbital, phenytolin, alfentanti, diopyramide, lossaftib, bromocriptine, valgroate, terforadine, cispardine, pimoride, falbunii, and astemizole. Serum concentrations of drugs metabolized by the cytochrome P450 system should be monitored closely in platents concurrently receiving these drugs of the cytochrome P450 system should be monitored closely in platents concurrently receiving these drugs.

Adverse Effects

Clarithromycin is generally well tolerated Side effects include nausea, dyspepsia, diarrhosa, vomitting, abdominal pain and paraesthesia. Stomattins, glossitis, tral monitia and longue discolouration have been reported. Other side-effects include headsche, arthralpia, myalgia and allergie reactions ranging from urricaria, mild skish eruptions and angiodelma to anaphylaxis and energy Stevens-Schoson syndrome. Protice epidermal necologists.

Reports of alteration of the sense of smell, usually in conjunction with taste perversion have also been received. There have been reports of both discoluration in patients treated with clarithromycin. Tooth discoloration in patients treated with clarithromycin. Tooth discoloration is usually reversible with professional dental clarining. There have been reports of translate central nervous system alide-effect including disciness, verigo, anxiety, inspirmits, bed diseases, translate, confusion, discoleration, halterinations, psychosis and depersonalisation. There have been reports of healing loss with clarithromycin, which is usually reversible on withdrawal of therapy. Pseudomembranous colls has been reported rarely with clarithromycin, and may range in severify from midd in tile threatening. There have been reare preports of hypolycaemia, some of which have occurred in patients on concomitant oral sypoglycaemic agents or insulin. Isolated cases of leukopenia and thrombcotypopins have been reports and

As with other macrolides, hepatic dysfunction (which is usually reversible) including altered liver function tests. hepatitis and cholestasis with or without faundice, has been reported. Dysfunction may be severe and very rarely fatal hepatic failure has been reported. Cases of increased serum creatinine, interstitial nephritis, renal failure, pancreatitis and

convulsions have theen reported rarely.

As with other macroludes, OT profologation, ventricular tachycardia and Torsade de Pointes have been rarely reported with clarithromycin.

OVERDOSAGE1

Réports indicate that the ingestion of large amounts of clarithromycin can be expected to produce gastro-intestinal symptoms. One patient who had shistory of bipolar disorder ingested 8 yarns of clariffirmycin and showed altered mental statis, paranoid behavior, typolakamenia and hypoxaemia. "Adverse reactions accompanying overdosage should be treated by gastric lavage and support the measures. As with other macrolides, clarithromycin serum levels are not expected to be apprecisely affected by haemodialysis or performed dialysis.

STORAGE

Crixan Tablets - Store below 25°C, protected from moisture

Crixan Suspension - Store below 25°C. Do not refrigerate or freeze the constituted suspension. Keep the container tightly closed. Discard the unused portion after 14 days. KEEP ALL MEDIENES OUT OF REACH OF CHILDREN

SUPPLY

Crixan Tablets 250 mg — Blister strip of 4's; 10's; box of 4's; 3x4's, 10's
Crixan Tablets 500 mg — Blistler strip of 4's; 10's; box of 4's; 3x4's, 10's
Crixan Suspension 125mg/5ml: Bottle of 50 ml, 60 ml, 70 ml, 100 ml & 140 ml
Crixan Suspension 250mg/5ml: Bottle of 50 ml, 60 ml, 70 ml, 100 ml & 140 ml

REFERENCES

1. Physicians' Lesk Reference 2002; 56th Ed.: 403-411.

ABPI Compendium of Data Sheets and Summaries of Product Characteristics, KLARICID, Abbott Laboratories Ltd., UK. October' 2000.

Information compiled in October 2002.

MADE IN INDIA

RANBAXY

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