

Triaminic Cold & Allergy

Syrup

Chlorpheniramine maleate 1 mg/5 ml,
Phenylephrine hydrochloride 2.5 mg/5 ml

Read all of this leaflet carefully because it contains important information for you.

This medicine is available without prescription. However, you still need to use Triaminic Cold & Allergy carefully to get the best results from it.

Keep this leaflet. You may need to read it again.

Ask your pharmacist if you need more information or advice.

You must contact a doctor if your symptoms worsen or do not improve.

If any of the side effects gets serious, or if you notice any side effect not listed in this leaflet, please tell your doctor or pharmacist.

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1 WHAT TRIAMINIC COLD & ALLERGY IS, HOW IT WORKS AND WHAT IT IS USED FOR

What Triaminic Cold & Allergy is

Triaminic Cold & Allergy is a syrup that contains a combination of chlorpheniramine maleate and phenylephrine hydrochloride

What Triaminic Cold & Allergy is used for

Triaminic Cold & Allergy is used for the temporary relief of itchy, watery eyes, runny nose, itchy nose or throat, sneezing and nasal and sinus congestion as may occur with a cold.

Triaminic Cold & Allergy contain a combination of an antihistamine and a nasal decongestant.

If you have any questions about how Triaminic Cold & Allergy works, ask your doctor or pharmacist.

BEFORE YOU USE TRIAMINIC COLD & ALLERGY

Do not give Triaminic Cold & Allergy to a child:

who is allergic to chlorpheniramine or phenylephrine or any of the ingredients of Triaminic Cold & Allergy (see the list of ingredients at the end of the leaflet section 6);

who is using or has within the past two weeks used monoamine oxidase (MAO) inhibitor drugs to treat depression. If you do not know if the child's prescription drug contains a MAO inhibitor, ask a doctor or pharmacist before giving this product.

Do not use for the purpose of making your child sleepy.

Tell your doctor or pharmacist if any of the above apply because Triaminic Cold & Allergy is not suitable for your child in these circumstances.

Take special care with Triaminic Cold & Allergy

Ask a doctor or pharmacist before giving this medicine to a child if the child has any of the following medical problems:

- Heart disease;
- High blood pressure;
- Thyroid disease;
- Diabetes;
- Glaucoma;
- A breathing problem such as asthma or chronic bronchitis.

Triaminic Cold & Allergy should only be used with caution by anybody suffering from difficulty in urination due to the enlargement of the prostate gland.

If any of the above apply, do not give (or use) Triaminic Cold & Allergy before talking to your doctor or pharmacist.

Taking other medicines

Check with your doctor or pharmacist before giving Triaminic Cold & Allergy to your child if your child is taking or has recently taken other medicines, including those obtained without a medical prescription.

This product may cause marked drowsiness, which may be increased by concomitant use of sedatives and tranquilizers.

Triaminic Cold & Allergy should not be used in children under 4 years of age and should only be used when directed by a doctor in children 4 to under 6 years of age.

Pregnancy and breast-feeding

The use of Triaminic Cold & Allergy is not recommended if you are pregnant or breast-feeding. You should consult your doctor or pharmacist for advice before taking any medication.

Driving and using machines

Triaminic Cold & Allergy may cause drowsiness. Your child should avoid riding bicycles or scooters in the traffic.

3 HOW TO USE TRIAMINIC COLD & ALLERGY

How much Triaminic Cold & Allergy to use

Children under 4 years of age: do not use.

Children 4 to under 6 years of age: do not use unless directed by a doctor.

Children 6 to under 12 years of age: 2 teaspoonfuls (10 ml). May be given every 4 hours. Do

not give more than 6 doses (60 ml) in 24 hours unless directed by a doctor.

Do not exceed the recommended dose.

If your child takes more Triaminic Cold & Allergy than you should

If your child takes too much Triaminic Cold & Allergy, contact your doctor or a poison control center immediately, even if there are no symptoms.

In case of accidental ingestion, tell your doctor immediately.

Stop use and ask a doctor if:

Symptoms do not improve within 7 days or occur with a fever.

These could be signs of a serious condition

4 POSSIBLE SIDE EFFECTS

Like all medicines, Triaminic Cold & Allergy can cause side effects, in some people.

If you notice any of the following side effects, stop using Triaminic Cold & Allergy and tell your doctor or pharmacist immediately:

Dizziness, drowsiness, somnolence

Other side effects may occur, such as:

Excitability, especially in children, nervousness, sleeplessness

5 HOW TO STORE TRIAMINIC COLD & ALLERGY

Keep all medicines out of the reach and sight of children.

Do not use Triaminic Cold & Allergy after the expiry date which is stated on the pack. The expiry date refers to the last day of that month.

Do not use if the seal imprinted on with “Triaminic” around the bottle cap is broken or missing.

Store in the original package.

6 FURTHER INFORMATION

What Triaminic Cold & Allergy contains

The **active substances** of Triaminic Cold & Allergy are Chlorpheniramine maleate and Phenylephrine hydrochloride

The **other ingredients** are Acesulfame K, benzoic acid, citric acid, edetate disodium, FD&C Yellow #6, flavors, maltitol solution, purified water sodium citrate.

Each teaspoonful contains 3 mg of sodium.

What Triaminic Cold & Allergy looks like and contents of the pack:

Available in polypropylene bottles of (4 fl.oz.) 118 ml. Orange flavor Triaminic Cold & Allergy is supplied as syrup, Each teaspoonful (5 ml) contains 1 mg/5 ml of Chlorpheniramine maleate and 2.5 mg/5 ml of

Phenylephrine hydrochloride.

Marketing Authorization Holder

Novartis Consumer Health Inc. Lincoln, U A for Novartis Consumer Health SA, Yverdon Switzerland

This leaflet was last approved on:

March 2011

THIS IS A MEDICATION:

- Medication is a product that affects your health, and its consumption contrary to instructions is dangerous for you.
- Follow strictly the doctor's prescription, the method of use, and the instructions of the pharmacist who sold the medication.
- The doctor and the pharmacist are experts in medicine, its benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed for you.
- Do not repeat the same prescription without consulting your doctor.

Keep medication out of reach of children.

Council of Arab Health Ministers Union of
Arab Pharmacists