

Mentex[®]

Decongestant Cough Syrup

Composition:

Each 5 ml contains:

Diphenhydramine Hydrochloride 12.5 mg

Dextromethorphan Hydrobromide 15 mg

Pseudoephedrine Hydrochloride 30 mg

Ammonium Chloride 125 mg

Sodium Citrate 57 mg

Menthol 1 mg

Excipients: Sucrose, saccharin sodium, sorbitol solution, propylene glycol, citric acid, E150, E211 and flavourings.

Properties:

Mentex is a non-narcotic, antitussive, decongestant and expectorant to give comprehensive relief to the coughing patient. Diphenhydramine Hydrochloride is a H1-antagonist. It is used for symptomatic relief of hypersensibility reactions by blocking the histamine receptors on tissues.

Dextromethorphan Hydrobromide suppresses the cough reflex by direct action on the cough center in the medulla. It is absorbed readily from the gastrointestinal tract and its action begins within 15 to 30 minutes.

Pseudoephedrine Hydrochloride is indirectly acting sympathomimetic agent. It is used primarily for decongestion of nasal mucosa and eustachian tubes. Combination with antihistamine may provide additive benefit in seasonal allergic rhinitis, because antihistamines alone do not relieve nasal stuffiness.

Ammonium Chloride and Sodium Citrate are acting expectorants and they are useful especially when it is desired to liquefy thick tenacious sputum.

Menthol has an antitussive action due to its local analgesic effect.

Indications:

For the relief of cough and its congestive symptoms and in the treatment of hay fever and other allergic conditions affecting the upper respiratory tract. You should contact your doctor if symptoms persist.

Contraindications:

Mentex is contraindicated in patients who have previously exhibited intolerance to it or to any of its ingredients, and in patients with severe hypertension or coronary artery disease.

Precautions:

Dosage adjustment is recommended in case of severe hepatic or renal dysfunction.

It should not be used for children under two years of age, unless prescribed by medical prescription.

If symptoms did not improve during 7 days or if they were accompanied by fever, you should see the doctor.

Interaction with other drugs:

Consult your physician if you are taking Mentex with other sympathomimetics decongestants, appetite suppressants, amphetamine and amphetamine like psychostimulants, antihypertensive agents or antihistamines.

Concomitant use of Mentex and Monoamine Oxidase (MAO) inhibitors could cause a rise in blood pressure.

Warnings:

-Caution may be necessary in patients with hypertension, narrow-angle glaucoma, prostatic hypertrophy or bladder-neck obstruction, ischemic heart disease or hyperthyroidism.

-Caution should be taken in driving or operating machinery, as Mentex may cause drowsiness.

-Diabetic patients should take care as Mentex contains 3.25 g sucrose per 5 ml of syrup.

-Care should be taken in administration during pregnancy.

Dosage and Administration:

Adults : 5 ml every four to six hours.

Children: 2 to 4 years : 1.25 ml every six hours.

4 to 12 years : 2.5 - 5 ml every six hours.

Overdosage:

In case of overdosage, the following measures should be taken:

- Gastric lavage.
- Treatment with diazepam to control convulsions.
- Supportive symptomatic treatment.

Side Effects:

The most common side effect is sedation, varying from slight drowsiness to deep sleep, and including dizziness.

Consult your Pharmacist or Physician if any side effect is observed.

Pharmaceutical Precautions:

Keep at room temperature (15 - 30 °C).

Do not use beyond the expiry date or if the product shows any sign of deterioration.

Presentations:

A bottle of 125 ml.

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THIS IS A MEDICAMENT

- Medicament is a product which affects your health and its consumption contrary to instructions is dangerous for you.
- Strictly follow the doctor's prescription, the method of use and the instructions of the pharmacist who sold the medicament.
- The doctor and the pharmacist are experts in medicine, its benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed for you.
- Do not repeat the same prescription without consulting your doctor.

Keep medicament out of reach of children.

Council of Arab Health Ministers & Union of Arab Pharmacists.



Manufactured by:
TABUK PHARMACEUTICAL MANUFACTURING COMPANY,
P.O. Box 3633, TABUK-SAUDI ARABIA.

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