

## Patient Information Leaflet

# Nisita<sup>®</sup>

## NASAL SPRAY

Dear patient!

Please read the following patient information leaflet carefully, as it contains important information on using this medical device. If you have any questions, please consult your doctor or pharmacist.

### What is contained in Nisita<sup>®</sup> Nasal Spray?

Each ml of nasal spray contains 3.3 mg of sodium chloride and 8.3 mg of sodium bicarbonate.

### When is Nisita<sup>®</sup> Nasal Spray used?

Nisita<sup>®</sup> Nasal Spray generates a fine atomized spray and

- helps to relieve blocked nose, e.g. cold
- cleans and moistens the nasal mucosa, e.g. in the event of dry air
- loosens scabs and crusts.

Nisita<sup>®</sup> Nasal Spray is free from preservatives and suitable for adults, children and infants.

### When may you not use Nisita<sup>®</sup> Nasal Spray?

There are no experiences speaking against an application.

### What precautions are necessary when using Nisita<sup>®</sup> Nasal Spray?

When used correctly, there are no particular precautionary measures to be taken.

After nose operations or accidents however, a doctor should be consulted before using Nisita<sup>®</sup> Nasal Spray.

### May Nisita<sup>®</sup> Nasal Spray be used during pregnancy or lactation?

There is no evidence available to suggest that the use of Nisita<sup>®</sup> Nasal Spray during pregnancy or lactation would be harmful.

### How do you use Nisita<sup>®</sup> Nasal Spray?

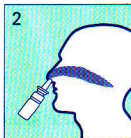
If necessary, adults and children (from 2 years onwards) spray 1-2 times into each nostril several times daily, infants and children (up to the age of 2 years) spray once into each nostril several times daily.

**Application:** Take down protective cap.

1. Push down the white actuator several times until the first puff is dispensed. Now the spray is ready for use for every further application.



2. Insert the spray nozzle into the nostril and apply the pump mechanism. In doing so, keep the bottle vertical and don't bend head backwards. During the spraying process breathe easily through the nose; then release the actuator slowly.



should be replaced on the bottle.

Due to reasons of hygiene and to avoid infection, every bottle of Nisita<sup>®</sup> Nasal Spray should only be used by one person. After application, the spray nozzle should be wiped clean and the protective cap

### How long may you use Nisita<sup>®</sup> Nasal Spray?

Nisita<sup>®</sup> Nasal Spray may be used for a longer period of time if necessary. If symptoms do not improve after 14 days of treatment, please consult your doctor or pharmacist.

### What undesirable side effects can Nisita<sup>®</sup> Nasal Spray have?

If used correctly, side effects are not to be expected.

### What further information must be taken note of?

Nisita<sup>®</sup> Nasal Spray may only be used up to the expiry date printed on the box and label. After first opening, the bottle of Nisita<sup>®</sup> Nasal Spray should not be used more than six weeks.

### What pack sizes are available?

Packs of 20 ml solution.

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### Manufacturer

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**Keep out of children's reach!**



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