

Nisita®

Nasal Ointment

Dear patient!

Please read the following patient information leaflet carefully, as it contains important information which you should follow when using this product. If you have any questions, please consult your doctor or pharmacist.



What is contained in Nisita® Nasal Ointment?

100 g ointment contain 2.8 g of sodium chloride and 7.2 g of sodium bicarbonate.

Other ingredients:

wool alcohols, lemon oil, soft white paraffin, mediumchain triglycerides, liquid paraffin, cetostearyl alcohol.

When is Nisita® Nasal Ointment used?

Nisita® Nasal Ointment is used

- as supportive treatment in the event of a blocked nose, e.g. cold
- for cleaning and moistening the nasal mucosa, e.g. in the event of a dry air
- for loosening scabs and crusts.

Nisita® Nasal Ointment is suitable for adults, children and infants.

When may Nisita® Nasal Ointment not be used?

Nisita® Nasal Ointment may not be used in the event of hypersensitivity to one of the ingredients contained in the ointment.

What precautions are necessary when using Nisita® Nasal Ointment?

When used correctly, there are no particular precautionary measures to be taken.

After nose operations or accidents however, a doctor should be consulted before using Nisita® Nasal Ointment.

May Nisita® Nasal Ointment be used during pregnancy or lactation?

There is no evidence available to suggest that the use of Nisita® Nasal Ointment during pregnancy or lactation would be harmful.

How do you use Nisita® Nasal Ointment?

Introduce a 1 cm-long string of ointment into each nostril, several times daily.

Insert the tube nozzle as deeply as possible into the nostrils, squeeze out a little ointment and distribute evenly over the nasal mucosa by gently massaging the sides of the nose.

The ointment can be applied to the inside of the nose using a cotton bud.

The ointment should be applied several times daily, particularly before going to bed.

Due to reasons of hygiene and to avoid infection, each tube of Nisita® Nasal Ointment should only be used by one person. After application, the tube nozzle should be wiped clean.

For how long may you use Nisita® Nasal Ointment?

Nisita® Nasal Ointment may be used over a longer period of time. If there is no improvement after 14 days of treatment, please consult your doctor or pharmacist.

What undesirable side effects can Nisita® Nasal Ointment have?

In rare cases, Nisita® Nasal Ointment may cause a slight burning sensation on the nasal mucosa due to its mildly irritating effect.

Very rarely, the wool alcohols and the lemon oil contained in the ointment may lead to hypersensitivity reactions.

What further information must be taken note off?

Nisita® Nasal Ointment may only be used up to the date printed on the box.

☞ **Keep out of children's reach!**

Particular note:

Always store Nisita® Nasal Ointment in the outer carton during everyday use in order to avoid possible damages of the tube through pointed, solid objects. Nisita® Nasal Ointment contains, as an ointment base, a mixture of liquid and solid fats, which may change slightly if stored incorrectly (below 15°C or above 25°C). At higher temperatures the ointment may decompose. As a result, some oil may first come out of the tube. In case of cooler storage it may be slightly more difficult to get the ointment out of the tube. In order to avoid damaging the tube, e.g. by repeated folding, you should always press the ointment from the back to the front of the tube.

Additionally, small amounts of air in the tube, resulting from the filling procedure, neither affect the efficacy of the preparation nor the filling quantity.

What pack sizes are available?

Packs of 20 g ointment.

Manufacturer

Engelhard Arzneimittel GmbH & Co. KG
Herzbergstrasse 3
D-61138 Niederdorfelden, Germany

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